

THIS SECTION TO BE COMPLETED BY PARENT**Review of Systems**

Are you concerned about your child's (circle concerns)...

YES NO

1. eating habits, weight loss/gain, ↓ energy, sleep habits..... ☐ ☐
2. redness, excessive tearing or discharge from eyes..... ☐ ☐
3. recurrent ear, sinus or throat infections; nosebleeds..... ☐ ☐
4. chest pain, shortness of breath, or irregular heart beat..... ☐ ☐
5. frequent colds, cough, wheezing, recurrent bronchitis..... ☐ ☐
6. abdominal pain, vomiting, diarrhea, constipation..... ☐ ☐
7. kidney or bladder problems, infections, blood in urine..... ☐ ☐
8. joint pain, stiffness, swelling; muscle pain, weakness..... ☐ ☐
9. birthmarks, skin rashes, itching, nail or hair problems..... ☐ ☐
10. recurrent headaches, dizziness, tics, weakness, seizures..... ☐ ☐
11. mood changes, anger, nervousness, depression..... ☐ ☐
12. excessive thirst or hunger, ↑ urination, weight loss..... ☐ ☐
13. paleness, anemia, easy bruising, swollen glands..... ☐ ☐
14. milk, food or drug allergies, recurrent infections..... ☐ ☐

Personal/Social History

Do you have any concerns about your child's...

YES NO

- a. overall progress in school..... ☐ ☐
- b. happiness at school, self esteem, level of self confidence..... ☐ ☐
- c. ability to sit still, listen or participate in school activities..... ☐ ☐
- d. attendance at school..... ☐ ☐
- e. willingness to follow the rules at school..... ☐ ☐
- f. ability to get along with classmates and teachers..... ☐ ☐
- g. overall physical well being..... ☐ ☐
- h. poor eating habits, excessive or improper snacks..... ☐ ☐
- i. poor sleeping habits, nightmares, night terrors..... ☐ ☐
- j. lack of energy or stamina..... ☐ ☐
- k. level of maturity or independence..... ☐ ☐
- l. Do you have any social concerns: (lack of friends, bullying, negative peer influence, withdrawal from family)?..... ☐ ☐
- m. Do you have any behavioral concerns: (acting out, temper outbursts, aggression, violence)?..... ☐ ☐
- n. Do you have any emotional concerns: (mood changes, anxiety, depression)?..... ☐ ☐
- o. Do you have any concerns about her development?..... ☐ ☐
- p. ☐ Menstruation has NOT begun
Has she had any problems?..... ☐ ☐
When was the last period?.....
- q. Do you have any concerns about early sexual activity or inappropriate sexual behavior?..... ☐ ☐
- r. Does your child exercise on a regular basis?..... ☐ ☐
- s. Has your child seen a dentist in the past year?..... ☐ ☐
- t. Does your child have any body piercing or tattoos?..... ☐ ☐
- u. Does your child use a helmet for skating or biking?..... ☐ ☐
- v. Does your child use a safety belt when riding in a car?..... ☐ ☐
- w. Do you counsel your child about avoiding the use of alcohol, tobacco, drugs and inhalants?..... ☐ ☐
- x. Does anyone have a gun in the home?..... ☐ ☐

Do you have any concerns you wish to discuss?

Parent's Signature _____

Date _____

Parent's section reviewed by _____

History☐ Previous concerns, consults and procedures reviewed(Interval: ☐ No Change) Concerns _____**Current Medications** _____Drug Allergies ☐ Yes ☐ No _____**Past / Social / Family History** (Interval: ☐ No Change)**Provider Comments****Anticipatory Guidance****General**

- ☐ Growth /Dev.
- ☐ School
- ☐ Exercise
- ☐ Dental care
- ☐ Sex Education
- ☐ Drugs, alcohol, tobacco
- ☐ Ed. Handouts

Nutrition

- ☐ Nutritious diet
- ☐ Limit snacks
- ☐ Meals with family
- ☐ Pleasant mealtimes
- ☐ Fluoride/FI water

Injury Prevention

- ☐ Seat belt
- ☐ Bicycle helmets
- ☐ Playground safety
- ☐ Swimming pools
- ☐ Sun exposure
- ☐ First aid / CPR
- ☐ Gun safety